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INTRODUCTION

A growing number of medicines are based on biological molecules such as proteins and monoclonal antibodies. These novel drugs have resulted in new, more effective treatments for a number of serious conditions. Yet sometimes these medicines trigger a response from the patient's immune system, which can decrease the effectiveness of the drug or cause severe side effects.

The aim of the IMI-founded **ABIRISK** project "**Anti-Biopharmaceutical Immunization: Prediction and Analysis of Clinical Relevance to Minimize the Risk**", is to shed new light on the factors behind this immune response. The project, which represents the first concerted effort to solve this problem, officially kicked off March 1st, 2012. ABIRISK project will aid in the creation of new, safer **biopharmaceuticals (BPs)** and also generate tools to determine how individual patients are likely to respond to them both in clinical trials and after release to the market.

The ABIRISK consortium (presently made up of thirty-five partners, twenty-four of which are academic institutions, nine are EFPIA member companies and two are small and medium enterprises, with thirteen countries represented), has been designed to meet all of these requirements in order to target three types of disorders: **Hemophilia A, Multiple sclerosis and Inflammatory diseases: inflammatory rheumatism (including rheumatoid arthritis) and inflammatory bowel diseases.**

ABIRISK Project will collect data both retrospectively from patients suffering from various types of diseases and treated with various BPs at European centers with a high level of experience in clinical research and will prospectively recruit additional patients in dedicated studies during the 5 years of this program. Guidelines and Standard Operating Protocols for the study of anti-drug immunization will be established and used to standardize the collection of prospective data from these patients.

ABIRISK Project thus represents a unique opportunity to create an interdisciplinary task force of clinical centers especially designed to study immune responses against biopharmaceuticals.

WELCOME

Dear Reader,

We would like to welcome you to **February 2014** issue of the **ABIRISK Scientific Newsletter**. The Scientific Newsletter gives you a monthly update on the most relevant literature related to ABIRISK topics published around the globe, both inside and outside ABIRISK consortium.

This month, we chose to draw attention to the results of Koudriavtseva et al. on the long term follow up of peripheral blood lymphocyte subsets in multiple sclerosis patients treated with natalizumab.

In addition, you will find in this issue some news from the biopharmaceutical regulation field.

We look forward to your visit on **ABIRISK** website for more information and updates on the program.

Enjoy reading !

Best wishes

The ABIRISK management team

LITERATURE

This month's selected article

Natalizumab is among the most effective treatments currently available for remitting relapsing multiple sclerosis (RRMS) patients. This humanized monoclonal antibody directed against the $\alpha 4\beta 1$ -integrin molecule (VLA-4) on mononuclear white blood cells prevents adhesion to the vascular endothelium VCAM-1 molecule, hence significantly reducing extravasation of lymphocytes and other inflammatory immune cells across the blood-brain barrier, a mechanism thought to highly contribute to natalizumab efficacy in ameliorating RRMS patients.

In previous short term studies, natalizumab was recurrently found to increase the number of circulating lymphocytes in RRMS patients. Here, Koudriavtseva *et al.* sought to evaluate the impact of natalizumab treatment on the peripheral blood lymphocyte compartment in a longitudinal retrospective observational cohort of 23 RRMS patients, treated for at least 24 (medium term) to 48 (long term) months. Healthy matched subjects were included and non-availability of lymphocyte counts data at baseline was one exclusion criteria. Of note, there were no significant difference in baseline values between patients previously treated with Interferon β or glatiramer acetate. As well, no patients experienced relapse or showed new lesion on RMI over the study period suggestive of natalizumab efficacy.

As the level of expression of $\alpha 4\beta 1$ -integrin varies amongst the lymphocyte population with B cells exhibiting higher level of integrins than T cells for instance, the authors followed not only total lymphocytes but also B, CD4 T, CD8 T and NK cells numbers over time. In fact, as previously observed, the number of lymphocytes increased over time. Within this population, B cells experienced the higher increase. CD4 and CD8 T cells numbers augmented in such manner that the CD4/CD8 ratio did not significantly differed from baseline over time, and a significant increase from baseline was also observed for peripheral NK cells. However It was difficult to solely relate those increases to natalizumab-induced diminished extravasation since natalizumab has also been shown to mobilize haematopoietic precursor cells from the bone marrow.

[Long term follow up of peripheral lymphocyte subsets in a cohort of multiple sclerosis patients treated with natalizumab.](#)

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Clin Exp Immunol. 2014 Jan 6.

Immunogenicity

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PLoS One. 2014 Jan 21;9(1):e86322

[Identification of oxidation sites and covalent cross-links in metal catalyzed oxidized interferon Beta-1a: potential implications for protein aggregation and immunogenicity.](#)

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[Development of at-line assay to monitor charge variants of MAbs during production.](#)

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[Interleukin-22: A likely target for treatment of autoimmune diseases.](#)

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REGULATION

EMA

[Scientific guideline: Guideline for the conduct of efficacy studies for non-steroidal anti-inflammatory drugs](#)

Adopted : January 14

Date for coming into effect : August 14



EMA Guideline.pdf

[Orphan designation: Humanised monoclonal modified IgG4 antibody with bispecific structure targeting factors IX, IXa, X and Xa for the treatment of haemophilia A](#)

January 14

[Human medicines European public assessment report \(EPAR\): Benlysta, belimumab](#)

Revision: 8, Authorised

Januray 2014

[Human medicines European public assessment report \(EPAR\): Inflectra, infliximab](#)

Revision: 2, Authorised

January 2014

[Orphan designation: Recombinant human monoclonal antibody to human IL-1beta of the IgG1/K class](#)

Updated

January 2014

[Human medicines European public assessment report \(EPAR\): Simponi, golimumab](#)

Revision: 16, Authorised

January 2014

[Human medicines European public assessment report \(EPAR\): ReFacto AF, moroctocog alfa](#)

Revision: 26, Authorised

January 2014

[Opinion/decision on a Paediatric Investigation Plan \(PIP\): Cimzia, Certolizumab pegol](#)

Therapeutic area: Immunology-Rheumatology-Transplantation

Updated

January 2014

[Human medicines European public assessment report \(EPAR\): MabThera, rituximab](#)

Revision: 31, Authorised

January 2014

[Human medicines European public assessment report \(EPAR\): Cimzia, certolizumab pegol](#)

Revision: 10, Authorised

January 2014